



For Immediate Release

January 20, 2011

From Alaska to Himalayas:
Winter-Spring Outdoor Adventures from USTOA

Hike Bartolome Island in the Galapagos, explore remote Himalayan mountain passes by jeep, take a sunrise canoe trip in Costa Rica, or kayak the Alaskan fjords. These are some of the experiences members of the [United States Tour Operators Association](#) offer adventurous, outdoor-loving travelers.

For even time-strapped travelers, the four vacations below—each under two weeks—will get your adrenaline pumping.

Kayaking in Alaska, 8 days/7 nights

Kayak the Alaskan fjords on Lindblad Expeditions' 8 day/7 night "Exploring Alaska's Coastal Wilderness" cruise. Available through July 15, the program includes shipboard accommodation, all meals, activities, and excursions. Price is \$5,990 per person and air fare is additional. For more information, phone 800-397-3348 or visit www.expeditions.com.

Costa Rican Adventure, 9 days/8 nights

Greet the morning with a sunrise rainforest canoe ride in Tortuguera National Park. Latour's 9 day/ 8 night "Costa Rica Adventure" package also features a visit to Arenal Volcano, and a sky walk or a zipline above the cloud forest. Cost begins at \$1,915 per person, and includes accommodations, 8 breakfasts, 4 lunches, 5 dinners, activities, and internal flights. Available for travel through June 30, 2011, the package must be booked by April 15. Phone 800-545-5540 or visit LATOURL.com for more details.

Across the Himalayas, 10 days/9 nights

Explore remote high-mountain landscapes like the 17,000-foot Gyatsola Pass by Jeep and Land Rover with personal guides. and ascend to the Mt. Everest Base Camp, arriving by horse-drawn cart. This 10 day/9 night adventure begins in Lhasa, Tibet and travels across the Himalayas to Kathmandu, Nepal visiting en route Shigatse, New Tingri, Mt. Everest Base Camp and Zhangmu. Included in the price are best available hotels, 19 meals, in-depth privately-guided sightseeing excursions, luggage handling and all on-tour transportation. The adventure, which begins at \$2,999 can be booked by April 1, 2011 for travel through April 30, 2011. Air fare is additional. For more information, phone 800-221-2216, or visit www.GeneralTours.com.

Galapagos and Andes, 11 days, 10 nights

Hike Bartolome Island in the Galapagos and travel the Andes by train, on Collette Vacations' 11 day/10 night "Galapagos Islands" tour. Included are hotel accommodations, 23 meals, and most activities. Price begins at \$4,109 if booked by February 1, 2011 for travel through April 9, 2011. Air fare is additional. For more information, and to book a vacation, contact 877.451.8687 or visit explorationstouring.com

More Information

All prices are based on double occupancy. Restrictions and additional security fees, departure and local taxes and fees may apply. Rates may vary by date.

About USTOA

Founded in 1972, the United States Tour Operators Association is a professional association representing the tour operator industry. Its members are made up of companies whose tours, packages, and custom arrangements encompass the entire globe but who conduct business in the U.S. As a voice for the tour operator industry, USTOA represents this sector in matters pertaining to the travel industry as a whole, both here and abroad. Among USTOA's goals are consumer protection and education.

USTOA member companies have met the travel industry's highest standards, including participation in the association's Traveler Assistance Program, which among other things protects consumer payments up to \$1 million in case the company goes out of business. USTOA is the premier association of companies providing vacation packages, tours, and custom travel itineraries for more than 11 million people yearly.

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Editor Note: Information was provided by individual companies and was correct at time of writing. International prices may vary from time of writing, based on currency fluctuations.

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